

# Level 1 Certificate in Caring for your child

This course will provide an introduction to caring for your child/children and help develop your skills and knowledge as a parent.

## Topics will include

- Child development and how to support it at home
- Communicating effectively with your child
- Health and safety in the home and outdoors
- Healthy eating plans
- Supporting the care of your child's physical and emotional needs.



This course will lead to a level 1 Certificate in Caring for Children (City and Guilds) and is suitable for parents wanting to know more about caring for their child/children

**Course length:** 11 weeks

**Session Time:** 9.30am – 11.30am

**Location:** St. Chad's Community Project

**Start Date:** 14<sup>th</sup> September 2017

**Course Fees:** Free

To book your place or for further information please contact  
Family Support Team on 0191 4901032 or  
Louise on 433 8549

